

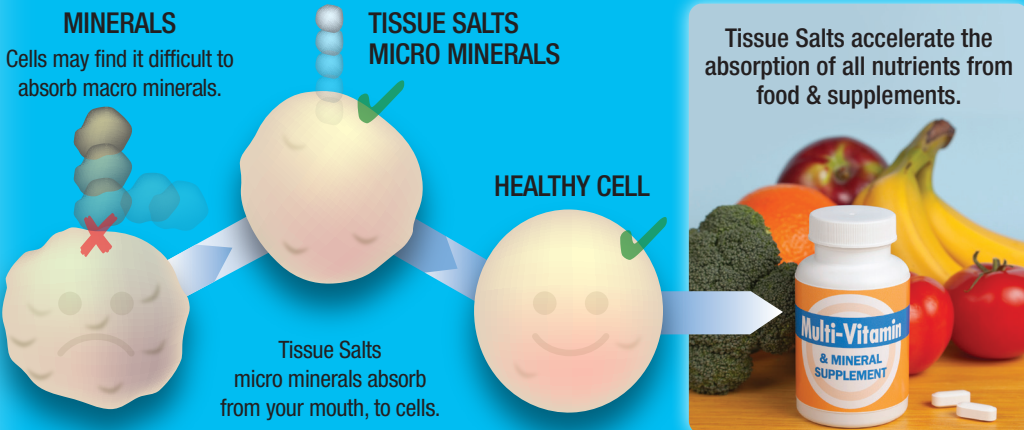
SCHUESSLER TISSUE SALTS

ESSENTIAL MINERALS

FOR THE WHOLE FAMILY



Easily absorbed micro minerals that correct cellular imbalances



- Schuessler Tissue Salts are 12 minerals essential to the health of the body.
- Chew tablets for direct absorption from blood vessels in the mouth to the cells.
- Trusted original methods of preparation.

Stimulate • Regulate • Balance • Accelerate Absorption

Combine Tissue Salts + Supplements

Recommend a Tissue Salt with every supplement.



SUITABLE FOR ALL

Pregnant or breastfeeding, infants, elderly, diabetics, lactose intolerant, those on multiple medications and pets.

SCHUESSLER TISSUE SALTS

- Suitable for everyone
- Easily absorbed micro minerals
- There is a Tissue Salt for every ailment

ADULT DOSE:

1 tablet. Chew tablets.

ACUTE:

Every half hour (up to 6 times a day) until symptoms subside.

CHRONIC:

4 times daily. 1 Schuessler tablet = 4 small pills of other brands.

Twelve Single Tissue Salts

1	CALC FLUOR Calcium Fluoride	ELASTICITY Bone surface, blood vessels & muscle tissue.	For the temporary relief of: Cracked skin, mild muscle strain & minor injured ligaments.	
2	CALC PHOS Calcium Phosphate	BONE HEALTH Bone, teeth, connective tissue & gastric juices.	For the temporary relief of: Bone ailments & indigestion.	
3	CALC SULPH Calcium Sulphate	BLOOD CLEANSER Skin cells, bile & blood from the liver.	For the temporary relief of: Skin disorders, spots, pimples & minor wounds.	
4	FERR PHOS Ferrum Phosphate	FIRST AID Found in all cells.	For the temporary relief of: Minor inflammation, redness & first stage of minor respiratory ailments.	
5	KALI MUR Potassium Chloride	GLANDULAR TONIC Every body tissue except bone.	For the temporary relief of: Mucous congestion, coughs & sore throat.	
6	KALI PHOS Potassium Phosphate	NERVE NUTRIENT Tissue & fluid of nerve, brain & muscle cells.	For the temporary relief of: Mild nervous tension, irritability & headaches.	
7	KALI SULPH Potassium Sulphate	SKIN BALANCE Cells lining the skin.	For the temporary relief of: Dry, scaly skin, minor eruptions & dandruff.	
8	MAG PHOS Magnesium Phosphate	NERVE & MUSCLE RELAXANT Blood, bone & teeth.	For the temporary relief of: Muscle cramps, spasms, twitches & spasmodic pains.	
9	NAT MUR Sodium Chloride	FLUID BALANCE Every liquid & solid part of the body.	For the temporary relief of: For excessive moisture or dryness, runny nose, loss of smell & taste.	
10	NAT PHOS Sodium Phosphate	ACID NEUTRALISER Blood, bone, muscle, nerve & brain cells.	For the temporary relief of: Acidity, mild indigestion & minor heartburn.	
11	NAT SULPH Sodium Sulphate	WATER ELIMINATOR Blood vessel walls and cell coats.	For the temporary relief of: Poor digestion (biliousness), liver upsets & mild water retention.	
12	SILICA Silica	CLEANSER & CONDITIONER Connective tissue, hair, nails, blood, bile, bone & nerve sheath.	Hair, skin & nail nutrient.	

Combination Tissue Salts

A	Ferr Phos, Kali Phos & Mag Phos	INSOMNIA Restless sleep due to muscle cramps, sciatica or inflammation.		L	Calc Fluor, Ferr Phos & Nat Mur	CIRCULATORY DISORDERS Cold limbs, varicose veins & inflammation.	
B	Calc Phos, Kali Phos & Ferr Phos	GENERAL DEBILITY Nervous exhaustion, irritability & anxiety.		M	Nat Phos, Nat Sulph, Kali Mur & Calc Phos	RHEUMATISM Stiff joints, poor mobility & fluid build up.	
C	Mag Phos, Nat Phos, Nat Sulph & Silica	ACIDITY Heartburn, gastric reflux & dyspepsia.		N	Calc Phos, Kali Mur, Kali Phos & Mag Phos	MENSTRUAL PAIN Stomach cramps, bloating & headaches.	
D	Kali Mur, Kali Sulph, Calc Sulph & Silica	SKIN DISORDERS Acne, eczema, dermatitis & scaly skin.		P	Calc Fluor, Calc Phos, Kali Phos & Mag Phos	POOR CIRCULATION Chilblains, aching feet & legs & muscular pain.	
E	Calc Phos, Mag Phos, Nat Phos & Nat Sulph	INDIGESTION Gastric discomfort, flatulence, bloating & colic.		Q	Ferr Phos, Kali Mur, Kali Sulph & Nat Mur	SINUS Symptoms of sinusitis & catarrh.	
F	Kali Phos, Mag Phos, Nat Mur & Silica	FATIGUE Fatigue, physical & mental exhaustion.		R	Calc Fluor, Calc Phos, Ferr Phos, Mag Phos & Silica	PAINFUL TEETH Teething, tooth pain & dental inflammation.	
G	Calc Fluor, Calc Phos, Kali Phos & Nat Mur	LUMBAGO Lumbago, backache, pain in the lumbar region.		S	Kali Mur, Nat Phos & Nat Sulph	STOMACH UPSET Biliousness, queasiness & nausea.	
H	Mag Phos, Nat Mur & Silica	HAYFEVER Hayfever, allergies & rhinitis.		T	Ferr Phos & Kali Mur	1ST STAGE OF ILLNESS Inflammation, onset of fever, sore throat & immune support.	
I	Ferr Phos, Kali Sulph & Mag Phos	FIBROSITIS Fibrositis, muscular pain & inflammation.		U	Calc Phos, Calc Fluor, Silica & Nat Phos	CALCIUM ABSORPTION Calcium deficiency, to maximise calcium absorption.	
J	Kali Mur, Nat Mur & Ferr Phos	CONGESTION Chest congestion, coughs & colds.		5	Calc Phos, Mag Phos, Ferr Phos, Nat Phos & Kali Phos	5 PHOSPHATES Anxiety, neuralgic pain & general debility.	
K	Kali Sulph, Nat Mur & Silica	WEAK, BRITTLE NAILS Brittle nails, falling hair & flaky scalp.		12	Calc Fluor, Calc Phos, Calc Sulph, Ferr Phos, Kali Mur, Kali Phos, Kali Sulph, Mag Phos, Nat Mur, Nat Phos, Nat Sulph & Silica	12 TISSUE SALTS Overall fatigue & exhaustion.	

Available In: Tablets (Traditional hand-ground Tissue Salt Tablets) Sprays (Lactose-free Oral Sprays) Creams (Paraben-Free Aqueous Creams)

Schuesslertissuesalts.com.au • www.martinandpleasance.com

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